The Apple Watch Series 4 is the **first consumer smartwatch that doubles as wearable medical device** thanks to its ability to generate an electrocardiogram test (ECG or EKG).

This advancement in wearable health technology opens the door for myriad possibilities, but it also leaves many unanswered questions. For healthcare providers, the biggest challenges will likely be **acceptance** and **adoption**.

“[Wearables] can help develop more usable dashboards for physicians which **help them identify potential problems** from patient generated health data (data from apps and devices) and drill down into detailed data from those patients.” – John Sharp